



## **Community Health Worker Job Description**

Mom Starts Here is a small, rapidly growing nonprofit organization serving Albany, Rensselaer, and Schenectady Counties. Our mission is to walk with Capital region families along their parenting journey, providing support for the internal and external needs of parents, enabling them to show up their best for themselves and their children. This role is for the Schenectady Community Health Worker Hub which aims to engage pregnant individuals in needed health care and other supportive services, increasing appointment attendance through timely and coordinated outreach, screening, care coordination, referral, and follow up. This position will be stationed either at Ellis Hospital and/or Hometown Health Center and requires intermittent field work. Mom Starts Here will provide the training and experience needed for the Community Health Worker (CHW) to provide competent care for pregnant individuals. This is a full-time hourly position for 37.5 hours a week.

### **Scope of Position:**

- Evaluate barriers to accessing health care and other services and work with community agencies and resources to address them, as well as provide referrals for any SDOH needs
- Help mother (and father/partner) prepare for labor and delivery, breastfeeding, care of the newborn baby, and family planning after delivery by connecting them to appropriate resources
- Manage appointment calendar
- Ensure continuity of Health Insurance coverage
- Navigate patient transportation needs
- Address barriers to appointment attendance
- Attend prenatal appointments when needed
- Conduct timely screenings, needs assessments, and health education throughout pregnancy and postpartum
- Educate about prenatal care, healthy behavior, emotional health, and health risk signs
- Reinforce provider recommendations about lifestyle adjustments and chronic disease management
- Work in conjunction with health care providers to ensure that prenatal and postpartum milestones are achieved (e.g., prenatal and postpartum appointments, ultrasounds, etc.)
- Administer Surveys at pregnancy and postpartum milestones for symptoms of common health issues (Hemorrhage, hypertension, preeclampsia, high BP, Endometritis, Substance abuse, depression, cardiomyopathy)
- Establish and maintain cooperative, trusting relationships with individuals, families, and clinical/community-based organizations
- Use data collection tools as required
- Document in Electronic Health Records and other case management tools as required



### **Core Competencies:**

- Basic care coordination skills
- Cultural sensitivity and cross-cultural communication
- Implicit bias and trauma informed care/healing centered engagement?
- Client engagement
- Effective communication skills and ability to build rapport with patients and providers
- Strong mediation and problem-solving skills
- Knowledge of community services/resources
- Ability to use a range of outreach methods to engage individuals in diverse settings
- Ability to navigate the health care and social service systems and advocate for others
- Display empathy, respect, and understanding of community resources, programmatic goals, and understanding of organizational values and processes

### ***Required Education and Experience:***

- Knowledge of and/or part of community served
- Information Technology skills such as: laptops, smartphones, Internet/online application systems, Microsoft Office, etc.
- Reliable transportation, valid driver's license and insurance required
- Knowledge of and/or experience in maternal and child health highly preferred
- Experience in community work, education, health care, or related field preferred
- Ability to work independently and as part of a team
- High School Diploma or equivalency required

Must have the ability to lift and carry 30 pounds, have reliable transportation, and perform other duties as assigned.

Must be vaccinated against COVID-19 or be willing to receive vaccination prior to start date.

Must comply with location specific policies such as mask wearing.

**Hourly Pay Rate:** \$20.07 hr., 37.5 hr. work week

### **To Apply:**

Submit an Electronic Cover Letter, Resume, and Mom Starts Here Employment Application to: [admin@momstartshere.org](mailto:admin@momstartshere.org) with the subject "Community Health Worker Application"